



KAHEEYU MOUNTAIN INSTITUTE

The Mountains Speak Retreat Information June 15-19 2019

WHO: Jaki Daniels (author, founder of The Five Element Medicine Path, and Spiritual Elder) began her relationship with Mountains in 1999. After more than a decade of training in learning to listen to mountains, recognizing the gifts that mountains bring forward, and offering healing to mountains in distress, in 2010 she began an apprenticeship program and to lead ceremonies in rekindling relationship between humans and the natural world. Now, in approaching the 20 year anniversary of their relationship, the Mountain has acknowledged that an adequate foundation had been laid and it is time to invite others to remember their ancestral roots and indigenous connection to the land.

THE MOUNTAINS SPEAK retreat is an opportunity to return to a rich and mutually beneficial engagement that will not only provide personal meaning, but will lead to an understanding of how to live wisely in the world during these rapidly changing times.

Supporting Jaki are two of her apprentices, Maureen Durant and Sylvie Boustie who have many years of experience working with mountains under Jaki's guidance, are Five Element Medicine Path practitioners, and also teachers and community leaders.

LOCATION: We will be staying at Folk Tree Lodge in Bragg Creek, AB, a beautiful natural setting which offers a communal style stay. Bedrooms will be shared, and there is also the possibility of tenting outside on the grounds. All meals will be prepared on site with the assistance of a dedicated volunteer. We ask all participants to contribute to meal preparation and clean up.

Day 1 will be held at the Lodge and on the grounds.

Days 2 and 3 will be day trips into the Rocky Mountains of Kananaskis.

Day 4 will be a traditional Cree sweat lodge, followed by a wrap up feast. Evenings will be gathered around a sacred fire with special guest story tellers, sharing our day's experiences and relaxing.

FEES:

The cost for the retreat is \$795.00 plus gst. Space is limited to 15 participants and registration is on a first -come, first-serve basis. We recommend registering early to avoid disappointment. A \$250.00 deposit is required, payable at time of registration. This deposit is 100% refundable up to 90 days prior to the event, 90% refundable between 30 and 90 days prior, and non-refundable 30 days or less.

Please note: Shamanic journey experience is a recommended pre-requisite.

